

Moral Injury

Healing the Healers

The future of work is about being a better human.



Who am I?



I am an Author.

I am a Brain and Behavior Expert.

I am a Psychiatrist and a Neuroscientist.

I am an Entrepreneur and an Advisor.

I am a Healthcare Executive.

I am a Coach and a Psychotherapist.

I am a Mom of 2 teenagers.

I am a Wife of an Attorney-turned-Author.

I am a musician currently playing in a rock band.

I am a fiber arts addict.

I am a futurist.

I am an optimist.

I am a pragmatist.

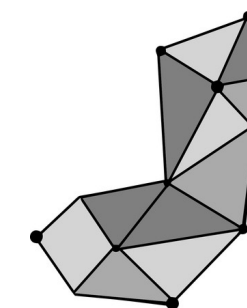
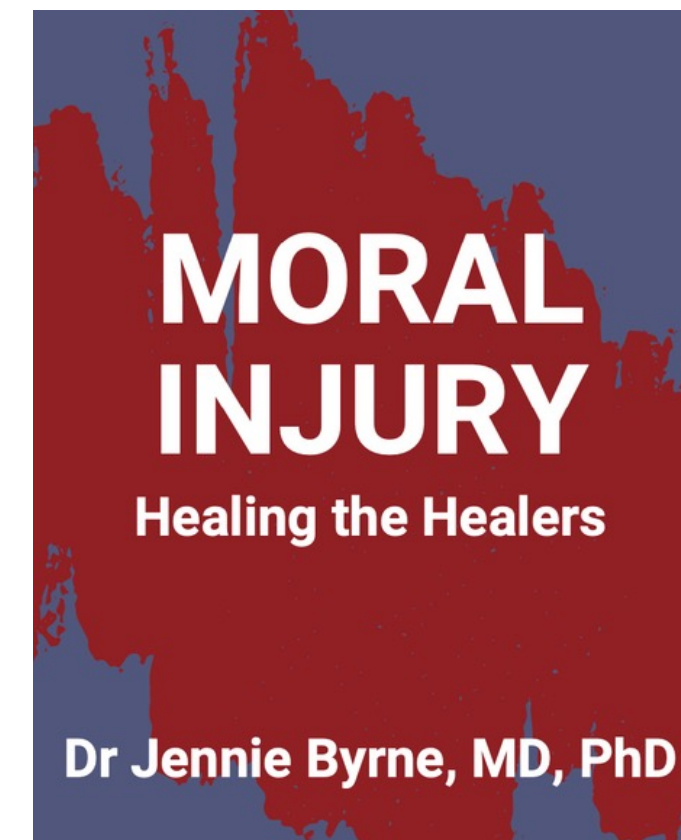
Dr Jennie Byrne, MD, PhD



Why I Wrote This Book

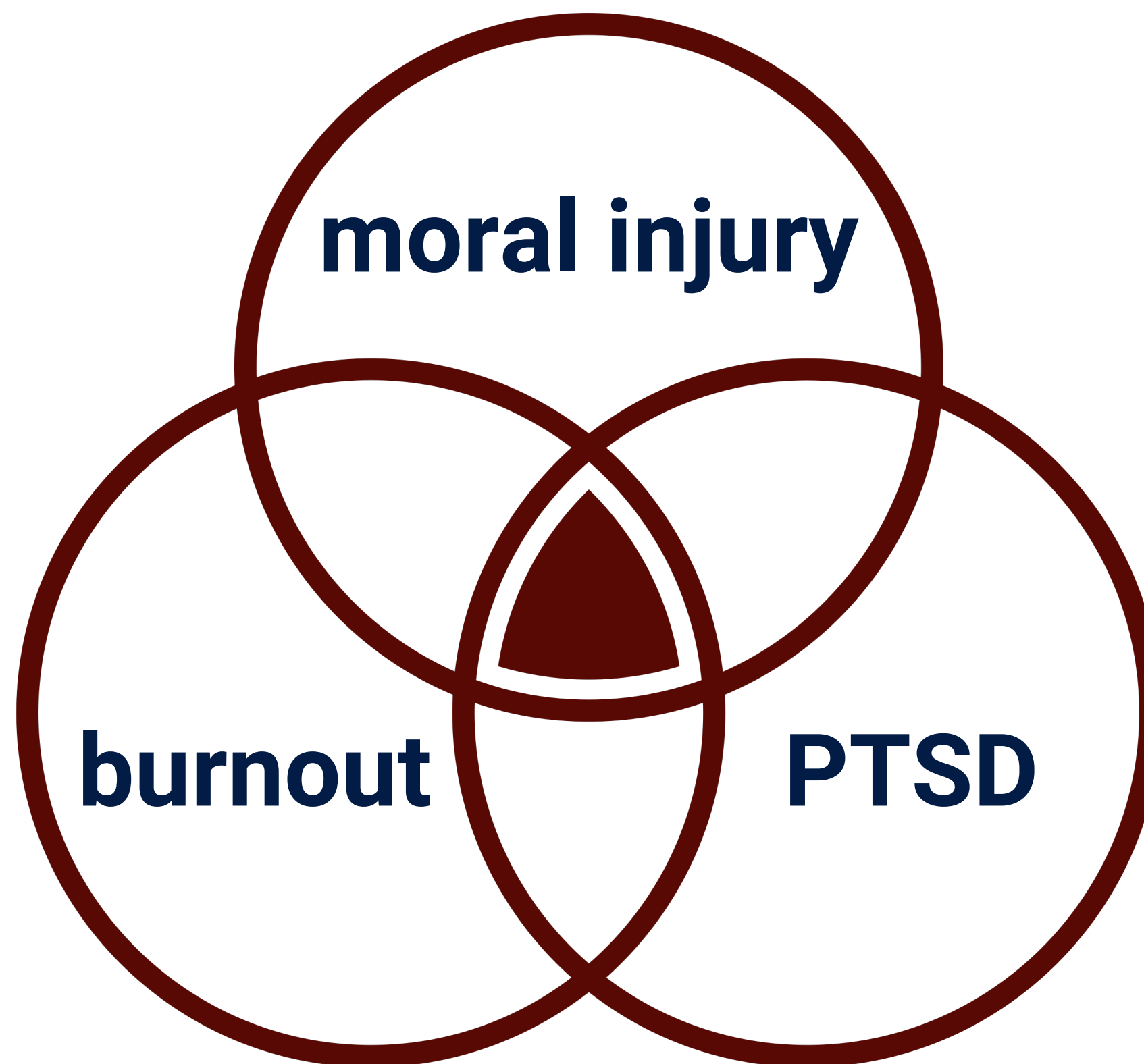
Something is deeply wrong in healthcare today...

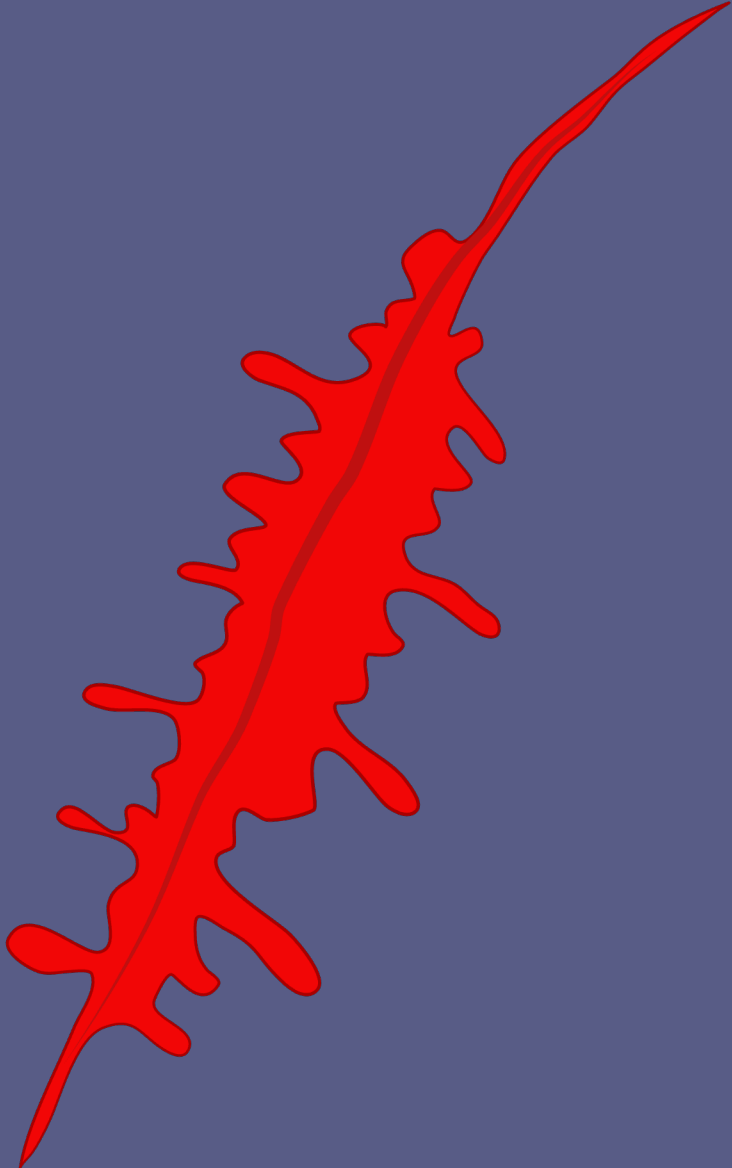
over 50% of clinicians suffer from moral distress, moral injury, or burnout
over 300 physicians die by suicide every year in the United States
nearly 70% of doctors in their 40s want to retire in their 50s or early 60s





Part I - Burnout vs Moral Injury





What is Moral Injury?

1

you witness, participate in, or cannot stop something that goes against your values

2

it is ordered by or condoned by someone superior to you

3

you feel the stakes are high

Part II - Humanism in Healthcare and the Danger of Common Assumptions

**Our Ways of
Working are
Outdated**

**The Mental Model
of Healthcare has
Shifted**

**Challenging
Assumptions to
Uncover Solutions**





Stage 1 - Superficial Visible Signs

Stage 2 - Surface Breach

Stage 3 - Burnout and Loss of Resilience

Stage 4 - Severe Damage and Self-Harm

Part III - Heal the Healers



**Healing Through
Dialogue**

**Healing Through Shared
Values**

**Healing at a Leadership and
Organizational Level**

Part IV - The Future

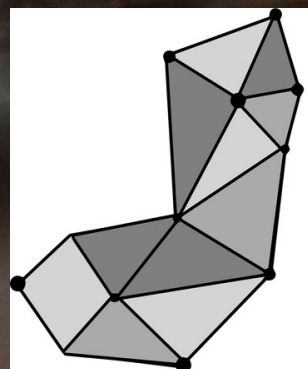


Healing through Technology and Trust

Healing the System - One Human at a Time

Healing through Compassion, Empathy, and Humanism





Q+A

connect with me

